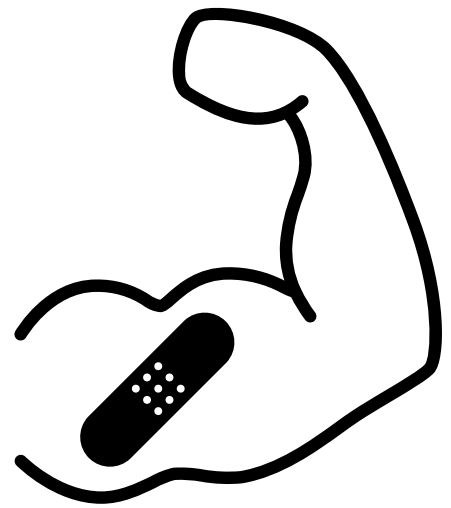
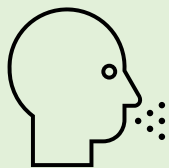


# Roll up Your Sleeves for Healthy Holidays



Meeting with friends  
and family can  
spread germs that  
make you sick.



Ask your nurse  
about **3 vaccines**  
you can get to  
protect yourself this  
holiday season!

 COVID-19

 Influenza

 Pneumonia