

# Midwest Kidney Network Behavioral Health/Depression Project

Midwest Kidney Network  
Quality Improvement Project Introduction  
May 2022-April 2023

# Improve Behavioral Health Outcomes

## Goals

In patients with end stage renal disease:

- 30% increase in patients accurately screened with depression
- 20% increase, within the subset of patients identified as having depression, who have received treatment
- Identify issues with low incidences of reporting depression (Plan, Do, Study, Act PDSA)

## Strategies

- Data from ESRD Quality Reporting System (EQRS)
- Depression Advisory coalition
- Identifying best practices through high performing facilities and sharing with all facilities in network region
- Data driven analysis with strategic implementation through technical assistance

## Next steps

- Review data for depression screening and follow up if screened positive for depression in EQRS.
- Conduct root cause analysis with dialysis units if goals not met.
- Assess regional issues and use a 4-month Plan Do Study Act (PDSA) plan to identify and develop actions to mitigate issues.
- Evaluate or create educational content materials or mediums for sharing on topic related to depression in ESRD patients.

**Thanks for all you do for your patients and working together with the Midwest Kidney Network in improving the quality of life for end stage renal disease patients.**

