

MEASLES / MMR RESOURCES FOR PEOPLE WITH KIDNEY DISEASE

The Centers for Disease Control and Prevention (CDC) reports a significant increase in measles cases nationwide in 2025, with over 1,300 cases across 40 states, surpassing the 2019 post-elimination record. Many of these cases are linked to outbreaks, and a vast majority of infected individuals are unvaccinated or have an unknown vaccination status. Several Midwest states, including Iowa, Kansas, Michigan, Minnesota, Missouri, North Dakota, South Dakota, and Wisconsin have reported cases or active outbreaks.

This increase is particularly concerning for individuals with kidney disease, as they often have compromised immune systems due to their condition or immunosuppressant medications. This makes them more vulnerable to severe outcomes if they contract measles. Organizations like the Midwest Kidney Network emphasize the critical need for vigilance, early identification, and appropriate infection control protocols within dialysis centers and other kidney care facilities.

Several resources are available to provide guidance about the use of the MMR vaccination for people with kidney disease.

NATIONAL FORUM OF ESRD NETWORKS

The National Forum of ESRD Network's <u>Vaccination Toolkit</u>, which was updated in 2025, provides guidance on the MMR vaccination for both dialysis and transplant patients (see pages 12-13).

https://media.esrdnetworks.org/documents/Vaccination Toolkit 2025.pdf

CDC PROJECT FIRST LINE

CDC's Project First Line hosted a <u>webinar</u> on May 15, 2025 regarding the Measles outbreak which highlighted several resources to support healthcare providers as they care for our community, including the "<u>Be Ready for Measles</u>" toolkit, flyers and fact sheets. A <u>Measles</u> <u>Miro-Learn</u> is also available to educate your healthcare team on what to do when they suspect a measles case. (CMEs are available)

https://edhub.ama-assn.org/cdc-project-firstline/video-player/18969815