



# It's Not Too Late to Vaccinate!

Missed getting your flu shot?

It's ok! You can still get your flu shot.

Ask the dialysis team for a shot today!

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## *Flu Facts*

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- Flu season lasts until May.
- Flu cases are going up, and more flu cases happen over the holidays when people get together.
- People with kidney problems can get sicker from the flu.
- People who get the flu shot can still get the flu, but may not get as sick or need the hospital.
- The flu shot does not give you the flu. If you don't feel well after the shot, that is just your body working to build protection against the flu.

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*Protect Yourself, Get Your Flu Shot TODAY!*

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