

# Home Dialysis: What Patients Want to Know

Renal Network 11  
Tuesday, April 28, 2015



# Welcome!

- Thank you all for being part of this call today!
- All lines are muted.
- Please submit questions via the “Chat” or “Questions” panel.
- This webinar is being recorded.

# Who is Participating?

- 129 dialysis facilities in Network 11
- Approximately 6600 in-center hemodialysis patients represented



# Background

- Home dialysis is an effective and patient-centered treatment modality
- Only 11% of dialysis patients in Network 11 receive dialysis at home
- Studies have shown that patients do not always receive adequate education to address their perceived needs and concerns

# Patient Feedback

- 43% of patients not currently on home dialysis would consider switching to home
- Some of the factors that would help them make the decision are:
  - Knowing it would work
  - Feeling capable
  - Education about time/training
- Some common concerns patients had were:
  - Living alone/not having a partner
  - Having pets in the home
  - Not having enough room at home

# Benefits of Home Dialysis

- Improved quality of life
- Patients feel more in control of their care
- Patients schedule treatment times to fit their life
- More frequent dialysis reduces the amount of fluid and waste that builds up in the body
- Fewer diet and fluid limitations
  
- **Most nephrology health care professionals would choose home dialysis for themselves and their family and friends**

# Our Story: Patient Voices

## Don and Renee Elias



# Ask Me About Home Dialysis

- What are the types of home dialysis?
- Who can do home dialysis?
- How will I pay for home dialysis?
- Could I meet with a home dialysis patient?
- How do I find out more about home dialysis?





# What do you need to do?

- Meet with several patients each month during their patient care conference
- Use a checklist to discuss the option of home dialysis with the patient
- If desired, refer the patient to the home dialysis staff/educator for further information
- Send the number of patients have a patient care conference and a discussion about home dialysis to Network 11 at the end of each month
- Attend a mid-project webinar in August to discuss barriers and best practices

# Ask Me About Home Dialysis

1. What are the types of home dialysis?
  - a. Peritoneal dialysis
    - i. CAPD – done during the day
    - ii. CCPD – done overnight
    - iii. Refer patient to home dialysis educator for more information
  - b. Hemodialysis
    - i. Can be done just like incenter – 4 hours; 3 times a week
    - ii. Can be done daily for 2 hours each
    - iii. Refer patient to home dialysis educator for more information
2. Who can do home dialysis?
  - a. Almost anyone can do home dialysis
  - b. You will receive enough training to make sure you know what you are doing
  - c. A home visit will assure that your home can be adapted
  - d. You may need to have a partner to assist you with dialysis
  - e. There is always someone available by phone to help you troubleshoot
3. How will I pay for home dialysis?
  - a. Home dialysis is covered by Medicare in the same way incenter dialysis is covered
  - b. Refer to social worker to discuss the specifics of Medicare coverage
4. Could I meet with a home dialysis patient?
  - a. Work with staff at the home dialysis clinic to identify a patient that is willing to share stories and experiences
  - b. Identify a time and place for patients to meet – maybe in the incenter unit at chairside or in a conference room
5. How do I find out more about home dialysis?
  - a. Make arrangements for the patient to meet with the home dialysis staff

# Ask Me About Home Dialysis

**Ask me about home dialysis**

How will I pay for home dialysis?



**Ask me about home dialysis**

How can I learn more about home dialysis?



**Ask me about home dialysis**

Who can do home dialysis?



**Ask me about home dialysis**

What are the different types of home dialysis?



**Ask me about home dialysis**

Could I meet with a home dialysis patient?



# Data Collection Tool



## Renal Network 11 Home Therapies Education Project

Facility Name:	
CMS Certification Number:	
Name of Project Lead:	
Project Lead Back-up:	
Telephone #:	

	Number of adult, in-center hemodialysis patients who had a patient care conference this month	Number of patient care conferences that addressed the items on the home dialysis education checklist
April 2015		
May 2015		
June 2015		
July 2015		
August 2015		
September 2015		
October 2015		



Please complete this form and FAX to the Network office on the last working day of each month. You may also email the completed form to Kristen Ward at [kward@nw11.esrd.net](mailto:kward@nw11.esrd.net) as long as the form does not include any patient-specific information.

Questions? Please contact Jan ([jdeane@nw11.esrd.net](mailto:jdeane@nw11.esrd.net)) or Kristen at 651-644-9877.

Renal Network 11  
FAX: 651-644-9853  
Attn: Jan or Kristen



# Data Collection Tool

	Number of adult, in-center hemodialysis patients who had a patient care conference this month	Number of patient care conferences that addressed the items on the home dialysis education checklist
April 2015	9	3
May 2015	11	6
June 2015		
July 2015	 <p>Don't enter census Enter the # of eligible patients</p>	 <p>Enter the # of patients who received the education about home dialysis</p>
August 2015		
September 2015		
October 2015		

# Timeline

*make it*  
**HAPPEN**

Time Frame	Project progress
April 2015	Project introduction and overview-Webinar
April 2015	Facilities complete tracking tool with baseline data, fax to Network by 4/31/15
Beginning the end of May	Facilities return tracking sheet with updates to Network monthly via Fax or email
August	Mid-project webinar to discuss barriers and best practices
October	Last month to submit tracking sheet
November	Project results evaluated and measured.
December	Results shared with all facilities

# Thank you for your time today!

## Questions?



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